

What if?



What if?

This question can take you in all different directions. But how do you keep from going off in a direction you don't desire? Don't become a bullseye for fear, doubt, and unmerited anxiety.

What if this or that happens?

This question can make one fearful, hopeless, and overwhelmed by the projected possibilities of what could happen but 98% of the time does not. Fret and worry can take you in the direction of unmerited fear looking at what could be other than what is real and present.

Focus on the benefits, comforts, and gifts that are in and around you and your life. Fill your heart with gratefulness and appreciation for your blessings.

Philippians 4: 6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.⁸ Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

Learn from Catherine, Catie, and Marion, who focus on the truth, power, faith, and the gifts that surround them to overcome the struggles they face. And how to avoid being bogged down with the fears that accompany...**what if?**

The trilogy: **UNRAVELED-REWOVEN**

1 ROBBED, 2 RIPPED, 3 RESTORED

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Blessings,

Sondra

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